



Spreading Love



ANNUAL REPORT 2025

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MESSAGE FROM THE CEO/FOUNDER



DICTA UGBAH

CEO/FOUNDER DICTA CARE INITIATIVE

In 2025, Dicta Care Initiative strengthened its impact across Nigeria through expanded community outreach and focused advocacy in mental health, healthcare awareness, and education. The organization supported vulnerable individuals by providing counseling services, health sensitization programs, educational support, and empowerment initiatives for women and underserved communities.

Through strategic engagement and grassroots efforts, Dicta Care Initiative continued to spread love, promote wellbeing, and foster inclusive support systems. The year reflected steady growth, meaningful partnerships, and a renewed commitment to building healthier, empowered communities.

Acknowledgment of Key Stakeholders and Donors

Dicta Care Initiative extends sincere appreciation to our CEO/Founder, Dicta Ugbah, for her visionary leadership and steadfast commitment to the organization's mission. We are deeply grateful to our dedicated team members and volunteers whose passion, professionalism, and selfless service made our programs impactful throughout the year.

We acknowledge the Nigeria Permanent Mission to ECOWAS for the opportunity to serve as an implementing partner, and we appreciate the collaboration with the West Africa Health Organization (WAHO) in advancing health-focused interventions across communities. Special thanks also go to our community partners, healthcare professionals, schools, and local leaders whose cooperation and support ensured the success of our outreach activities.

Your collective contributions continue to strengthen our resolve to spread love, promote wellbeing, and empower communities across Nigeria and beyond.

About Dicta Care Initiative

Dicta Care Initiative is an international non-profit organization dedicated to spreading love and empowering vulnerable and underserved communities through education, healthcare, and social support. Our work includes scholarships and educational assistance, mental health awareness and counseling, health screenings, disability support, and aid for Internally Displaced Persons (IDPs), with a strong focus on women and children.

Founded by Dicta Ugbah, the organization currently delivers impact across Nigeria while expanding its reach globally through community-driven programs and strategic partnerships.



Vision

To Ensure every child receives a quality education and is empowered to pursue their dreams to help shape a better future. To Enhance the lives of those living with mental illness, combating depression and suicide, Empowering women to promote Gender equality and creating a world where love is the universal language.

Mission

We are dedicated to uplifting the underprivileged by granting access to Education, promoting mental health, preventing suicide and depression through our individual education and outreach events, promoting gender equality, providing support and spreading love to the underprivileged.

Core values



Accountability & Transparency

We ensure ethical operations, responsible use of funds, and openness in decision-making to build trust with stakeholders.



Empowerment & Education

We believe in uplifting communities through education, mental health awareness, and skill development, creating lasting change in people's lives.

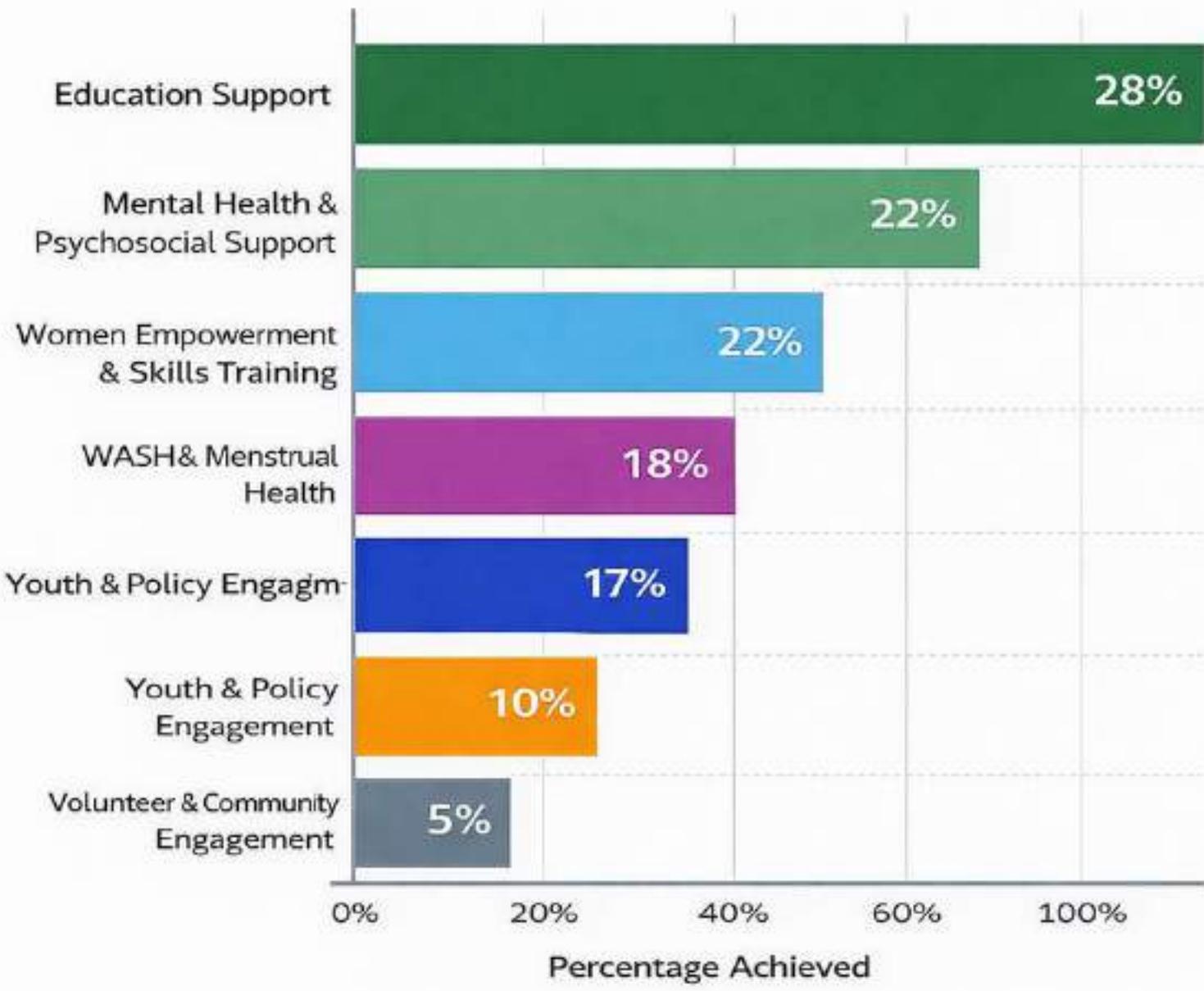


Compassion & Service

We are committed to spreading love through giving, ensuring that vulnerable individuals, including children, women, and IDPs, receive the support they need.



Programme Achievements – 2025



Percentage of annual targets achieved in key programmes conducted by Dicta Care Initiative in 2025.

- Education Support
- Mental Health & Psychosocial Support
- Women Empowerment & Skills Training
- Women Empowerment
- WASH & Menstrual Health
- Youth & Policy Engagement
- Volunteer & Community Engagement

Percentage of annual targets achieved in key programmes conducted by Dicta Care Initiative in 2025.

Education Support, Child Development & Mental Health Awareness Programme

Programme Overview

In 2025, **Dicta Care Initiative** implemented a targeted education and child development programme at **Bakin Ado Nursery and Primary School**, Karu, Nasarawa State. The programme was designed to support vulnerable pupils, promote continuity in education, and strengthen both academic performance and emotional wellbeing.

The Initiative adopted a **holistic, child-centered approach**, combining school fee support, academic enrichment activities, and structured sensitization on the importance of education and mental health awareness. This approach reflects Dicta Care Initiative's commitment to addressing both the academic and psychosocial needs of children.



School Fees Support Intervention

Date: 16 January 2025

Location: Bakin Ado Primary School, Karu, Nasarawa State

To reduce barriers to education and prevent disruptions in learning, **Dicta Care Initiative presented** school fee support to the **school principal on behalf of ten (10) pupils across Primary 3 to Primary 6**. Beneficiaries were identified in collaboration with the school authorities based on vulnerability and the risk of interrupted schooling.

The distribution of beneficiaries across classes included:

- Primary 3: 2 pupils
- Primary 4: 4 pupils
- Primary 5: 2 pupils
- Primary 6: 2 pupils

This intervention ensured that the supported pupils remained enrolled, attended classes consistently, and continued their academic progression without interruption.

Programme Team

- Rosemary James
- Samuel Odagboyi

The school leadership expressed appreciation for the Initiative's timely support and acknowledged its positive impact on pupil attendance, confidence, and overall learning stability.



Children’s Day Academic Enrichment & Spelling Competition

Venue: Bakin Ado Nursery and Primary School

To commemorate **Children’s Day**, Dicta Care Initiative organized an **academic enrichment programme** featuring a spelling competition for pupils in **Primary 3 and Primary 4**. The activity was designed to celebrate children meaningfully while promoting literacy, confidence, and healthy academic competition.

In addition to the academic activity, the Initiative sustained its education support efforts by **continuing school fee support for the same ten pupils** previously assisted in earlier academic terms. This reinforced the Initiative’s commitment to consistency, sustainability, and long-term educational impact.

Spelling Competition Winners & Recognition



A total of **twenty (20) pupils** participated in the spelling competition. All participants received **certificates of participation**, recognizing their effort, courage, and willingness to engage in learning activities.

The competition encouraged active participation, peer learning, and self-expression, creating a supportive environment where pupils could build confidence and showcase their abilities.



- **First Place:** A Primary 3 pupil Recognized for outstanding spelling performance and academic potential, and provided with long-term educational support and learning materials.



- **Second Place:** A Primary 4 pupil Recognized for strong performance and commitment to learning.
 - **Third Place:** A Primary 4 pupil Recognized for commendable effort and active academic engagement.
- These recognitions served as motivation for all pupils and reinforced the values of excellence, perseverance, and self-belief.

Education & Mental Health Awareness Sessions

During both programme engagements, Dicta Care Initiative conducted interactive sensitization sessions focused on:

- The importance of education as a foundation for personal growth and future opportunities
- Building self-confidence, discipline, and positive learning attitudes
- Basic mental health awareness, emotional expression, and help-seeking behavior

The sessions were age-appropriate and delivered in a safe, supportive environment that encouraged openness, participation, and mutual respect among pupils.



Programme Outcomes and Impact

The programme achieved the following outcomes:

- Improved school attendance and academic continuity
- Increased pupil confidence and motivation toward learning
- Enhanced awareness of emotional wellbeing and mental health
- Strengthened collaboration between Dicta Care Initiative and the school community

School authorities commended the Initiative for its holistic, child-focused approach and its consistent commitment to education and wellbeing.

Safeguarding & Ethical Reporting

To protect the privacy, dignity, and wellbeing of child beneficiaries, **names and identifying details have been withheld** in line with child safeguarding principles and ethical reporting standard

Programme Overview

In commemoration of the **International Day of Education**, Dicta Care Initiative implemented an educational outreach programme at **Sharing Prosperity Nursery and Primary School**, located within **New Kuchigoro Internally Displaced Persons (IDP) Camp**, Abuja. The programme was designed to celebrate education while addressing the unique educational and psychosocial needs of children living in displacement settings. Through a combination of **education advocacy, mental health awareness, and skill-building activities**, the Initiative sought to create a safe, engaging, and empowering learning environment for the pupils.



Programme Objectives

The key objectives of the programme were to:

- Celebrate the International Day of Education in a meaningful and child-centered way
- Educate pupils on the importance of education as a tool for empowerment and future opportunity
- Promote mental health awareness and emotional wellbeing among children
- Introduce pupils to chess as a cognitive and life-skills development tool
- Encourage participation, confidence, and healthy competition

Chess Training & Skill Development Activity

As part of the programme, pupils were introduced to chess as a cognitive development and life-skills activity. The chess session emphasized:

- Critical thinking and problem-solving
- Patience, focus, and strategic planning
- Sportsmanship and respectful competition

The chess training was facilitated by a volunteer chess instructor, making the session both educational and engaging for the pupils.

Participation & Reach

The programme initially targeted 100 pupils; however, due to space limitations within the classrooms, 64 pupils participated in the education and mental health sessions. All participating pupils received basic learning materials to support their continued education. Despite the reduced number, the sessions remained highly interactive and impactful, allowing for better engagement and individual participation.



Education & Mental Health Awareness Session

An interactive and age-appropriate session was conducted with the pupils, focusing on:

- The value of education and staying committed to learning
- Building self-confidence and positive self-esteem
- Understanding emotions and expressing feelings in healthy ways
- Encouraging pupils to seek support from trusted adults when faced with challenges

The session created an open and supportive space where pupils actively participated, asked questions, and shared their thoughts.



Chess Competition & Recognition

A friendly chess competition was held at the end of the training session. Three pupils emerged as winners, demonstrating strong understanding, focus, and enthusiasm during the game.

- **First Place:** A pupil was recognized for outstanding performance and awarded educational support materials.
- **Second Place:** A pupil received educational materials in recognition of strong effort.
- **Third Place:** A pupil received educational materials for commendable participation.

The recognition motivated other pupils and reinforced the importance of effort, learning, and positive competition.



Outcomes & Impact

The programme achieved the following outcomes:

- Increased awareness among pupils on the importance of education
- Improved understanding of basic mental health concepts and emotional wellbeing
- Enhanced cognitive skills through chess training
- Boosted confidence, participation, and peer interaction
- Provided a positive learning experience within a displacement setting

Participants expressed appreciation for the opportunity to learn new skills, engage in interactive activities, and be celebrated through education.

Conclusion

The International Day of Education programme at New Kuchigoro IDP Camp reinforced Dicta Care Initiative's commitment to **inclusive education, mental health awareness, and child development**, particularly among displaced and vulnerable populations.

By integrating learning, emotional support, and skill development, the Initiative continues to empower young minds and promote resilience, hope, and opportunity through education.

Safeguarding & Ethical Reporting

In line with child safeguarding and ethical reporting standards, the names and identifying details of child participants have been withheld in this public report.

Preliminary Community Entry Report

Project Attribution

A project of the **Permanent Mission of Nigeria to ECOWAS**, implemented in collaboration with the **West African Health Organisation (WAHO)**, and supported by the **Federal Ministry of Health and Social Welfare, Nigeria**.

Executive Summary

This preliminary community entry visit was conducted by **Dicta Care Initiative** as part of the preparatory phase of the **WASHPRO Project**, a project of the **Permanent Mission of Nigeria to ECOWAS**, implemented in collaboration with the **West African Health Organisation (WAHO)** and aligned with the mandates of the **Federal Ministry of Health and Social Welfare**.

The visit preceded the planned official engagement involving designated representatives of the Permanent Mission of Nigeria to ECOWAS, WAHO, and the Federal Ministry of Health and Social Welfare. Its purpose was to establish early contact with key stakeholders, assess the school and community environment, understand traditional entry protocols, identify potential risks to WASH infrastructure, and prepare both school and community leadership for formal engagement.

Findings from this visit informed key recommendations aimed at strengthening project sustainability, infrastructure protection, and community ownership ahead of implementation.

Introduction

As part of the **initial community entry and pre-engagement phase** of the WASHPRO Project, a project of the **Permanent Mission of Nigeria to ECOWAS**, implemented in collaboration with the **West African Health Organisation (WAHO)** the Chief Operating Officer and Program Manager of Dicta Care Initiative conducted a preliminary community entry visit to Junior Secondary School, Kpeyegy, located in Orozo District, Kurudu, Federal Capital Territory (FCT).

This visit was undertaken to support coordinated engagement between community stakeholders and relevant government and regional institutions, assess environmental and infrastructural conditions, and align expectations ahead of the official project entry involving representatives of the Permanent Mission of Nigeria to ECOWAS, WAHO, and the Federal Ministry of Health and Social Welfare.

1. Objectives of the Preliminary Visit

The specific objectives of the visit were to:

- Establish preliminary contact with school and community leadership
- Assess existing infrastructure, safety conditions, and potential risks relevant to WASHPRO implementation
- Understand traditional protocols and community engagement expectations
- Confirm appropriate dates and procedures for the formal community entry
- Prepare the school and community for engagement with government and regional authorities

2. Engagement with School Authority

The project team held an in-person meeting with Mr. Jacob Micah, Principal of Junior Secondary School, Kpeyegy. During the engagement, the principal provided detailed insights into the operational challenges facing the school, particularly those related to infrastructure security and sustainability.

Key Concerns Highlighted

- The school premises are **unfenced**, leaving infrastructure exposed to theft and vandalism
- Previous incidents involving theft of **electrical and water-related infrastructure**
- Absence of a regular security presence
- **Lack of electricity**, which could affect the functionality of water systems
- Perceived low engagement from some community stakeholders in addressing these concerns

Despite these challenges, the principal emphasized that the community is generally peaceful. He further noted that the proximity of the **Hakima's palace to the main road** provides a strategic security advantage for the school environment.

Infrastructure Protection Recommendations

Based on observations and discussions, the following recommendations were proposed:

- Installation of an aluminum or similar protective fence around WASH infrastructure
- Provision of solar-powered systems or alternative power sources to support water functionality
- Use of high-security padlocks and lockable gates
- Installation of hose systems to regulate water use during school hours



Dicta Care Initiative Representatives Present

- David Ugbah – Chief Operating Officer (COO)
- Rosemary James – Program Manager

Engagement with Community Leadership

At the time of the visit, the community head and Parent-Teacher Association (PTA) chairman were not physically available due to external engagements. However, successful contact was established through phone communication with:

- The **Hakima (District Head) of Kpeyegy**
- The **PTA Chairman and members of the Palace Cabinet**

Both parties acknowledged the project objectives and expressed support and willingness to collaborate. The project team was guided to the Hakima's residence to facilitate familiarity with community navigation and protocol, demonstrating openness and receptiveness to the initiative.

Traditional Entry Protocols and Engagement Schedule

The Hakima was identified as the highest-ranking traditional authority responsible for leading official engagements within the community. His cabinet customarily convenes meetings on Mondays, making this the most appropriate day for formal project entry.

Proposed Dates for Official Engagement

- **Primary Date:** Monday, 9 June 2025 – 9:00 AM
- **Alternative Date:** Monday, 16 June 2025 – 9:00 AM

A **formal letter of introduction** addressed to the Hakima is required to formally introduce the WASHPRO Project and confirm the agreed engagement date. This will serve as the official gateway for full community entry.

Visual Documentation

- A photograph with the school principal has been taken
- No photographs were taken of the Hakima's palace or community residences in respect of cultural protocols and the absence of explicit consent

Stakeholders Engaged

Stakeholder	Role	Mode of Engagement
Mr. Jacob Micah	Principal, JSS Kpeyegy	In-person
The Hakima	District Head, Kpeyegy	Phone contact & residence familiarization
Mr. Reuben Agada	PTA Chairman & Palace Cabinet	Phone contact

Risks Identified and Mitigation Recommendations

The absence of fencing and reliable electricity presents a significant risk to the sustainability of planned WASH infrastructure.

Key Risks

- Vandalism and theft of installed facilities
- Disruption of water systems due to power limitations

Mitigation Recommendations

- Integrate basic infrastructure protection into project planning
- Prioritize solar-powered or low-energy water solutions
- Engage community youth and stakeholders as informal monitors to promote ownership and accountability

Conclusion

The preliminary community entry visit was characterized by respectful engagement, transparent dialogue, and strategic consultation. The support expressed by both school leadership and traditional authorities provides a strong foundation for the successful implementation of the WASHPRO Project.

The findings from this visit will directly inform the formal community entry phase and guide implementation strategies to ensure sustainability, community ownership, and long-term impact.



WASH-PRO Project Report

Community Engagement and Educational Sessions (Day 1 & Day 2)



Executive Summary

Following the Preliminary Community Entry and Stakeholder Engagement at Junior Secondary School, Kpeyegy, Dicta Care Initiative proceeded with structured community engagement and programme implementation under the WASH-PRO Project. Led by the Permanent Mission of Nigeria to ECOWAS, in collaboration with the West African Health Organisation (WAHO), this phase translated initial consultations and risk assessments into practical WASH interventions delivered over a two-day period.

The intervention focused on strengthening Water, Sanitation, and Hygiene (WASH) practices among students, with particular emphasis on adolescent girls. Key activities included hygiene education, menstrual health management, practical skills training, and improved access to clean water through the commissioning of a borehole. A total of 186 adolescent girls directly benefited from the programme, while the wider school community gained sustained access to enhanced WASH infrastructure.

This phase marked a critical transition from preparatory engagement to direct service delivery and reinforced the importance of integrating health education, skills acquisition, and infrastructure

Venue: Junior Secondary School, Kpeyegy, Orozo District, Kurudu, FCT
Duration: Two (2) Days
Project Dates: 17 – 18 November 2025
Target Group: 186 Adolescent Girls

Led by:
 The Permanent Mission of Nigeria to ECOWAS

In Collaboration With: The West African Health Organisation (WAHO)

Implementing Partner:
 Dicta Care Initiative

Introduction

Background of the Project

The WASH-PRO Project was designed to address gaps in hygiene knowledge, menstrual health management, and access to safe water within school settings. In alignment with regional public health priorities, the project targeted adolescent girls, recognizing their increased vulnerability to poor menstrual hygiene and water-related challenges.

Role of Dicta Care Initiative

Dicta Care Initiative served as the implementing and facilitation partner, supporting the delivery of programme activities under the leadership of the Permanent Mission of Nigeria to ECOWAS and in collaboration with WAHO. The organization's role focused on coordination, training facilitation, student engagement, and logistical support. Funding for the project was not provided by Dicta Care Initiative.

Scope of the Intervention

The intervention covered four core components:

1. Training on Izal disinfectant production
2. Training on liquid soap production
3. Menstrual hygiene awareness and distribution of sanitary pads
4. Commissioning of a borehole to improve water access

Beneficiaries

Direct Beneficiaries

- Adolescent girls who participated in menstrual hygiene education and received sanitary pads
- Students trained in Izal disinfectant and liquid soap production

Indirect Beneficiaries

- The entire school community benefiting from improved access to clean water
- Teachers and school staff supporting hygiene education and awareness

Objectives of the Project

General Objective

To strengthen WASH knowledge and practices among students while improving menstrual hygiene management and access to clean water within the school environment.

Specific Objectives

- To facilitate practical skill acquisition in Izal disinfectant and liquid soap production
- To promote awareness and confidence in menstrual hygiene management among adolescent girls
- To enhance access to safe and reliable water through borehole commissioning
- To encourage personal hygiene and environmental sanitation practices within the school

Beneficiaries

Direct Beneficiaries

- Adolescent girls who participated in menstrual hygiene education and received sanitary pads
- Students trained in Izal disinfectant and liquid soap production

Indirect Beneficiaries

- The entire school community benefiting from improved access to clean water
- Teachers and school staff supporting hygiene education and awareness

Project Activities

Day 1 – Skill Training on Izal Disinfectant and Liquid Soap Production

Identification and Use of Chemicals

Facilitators guided students on the identification, purpose, and safe handling of chemicals required for Izal disinfectant and liquid soap production.

Step-by-Step Production Demonstration

Participants observed structured demonstrations covering accurate measurements, mixing techniques, and quality control measures for both products.

Practical Exercises and Safety Measures

Students engaged in supervised hands-on production exercises, with emphasis on hygiene, safety precautions, and proper storage of finished products.

Day 2 – Menstrual Hygiene Awareness Session and Borehole Commissioning

Programme Agenda Overview

Day 2 activities included formal opening protocols, educational sessions, cultural engagement, health talks, borehole commissioning, and sanitary pad distribution, culminating in group documentation.

Menstrual Hygiene Awareness Activities

Health facilitators delivered sessions addressing menstrual health, common myths, hygiene practices, and reproductive health considerations. Demonstrations on proper use and safe disposal of sanitary pads were followed by interactive question-and-answer sessions.

Sanitary Pad Distribution

Sanitary pads were distributed to all female participants to support effective menstrual hygiene management and reduce school absenteeism.

Borehole Commissioning

The borehole was officially commissioned by **Ambassador Musa Sani Nuhu** alongside representatives of the Permanent Mission of Nigeria to ECOWAS. The facility now provides reliable access to safe water for the school community.

Outcomes and Achievements

Knowledge and Skills Acquisition

- Students acquired practical skills in disinfectant and liquid soap production

Awareness and Hygiene Improvement

- Increased confidence and understanding of menstrual hygiene among female students
- Improved general hygiene awareness across the school

Community and School Engagement

- Strengthened collaboration between school authorities, government partners, and facilitators
- Increased community acceptance and ownership of WASH initiatives

Key Observations and Lessons Learned

- High levels of student engagement and enthusiasm were observed
- Additional materials could further enhance hands-on learning
- The borehole is expected to significantly improve daily hygiene practices
- Follow-up sessions would help reinforce knowledge retention
- Active involvement of school leadership strengthens sustainability

Conclusion

The WASH-PRO Project at Junior Secondary School, Kpeyegy, was successfully implemented and demonstrated measurable impact. Through integrated skill training, menstrual hygiene education, and improved water access, the project strengthened hygiene practices, supported adolescent girls' wellbeing, and reinforced community engagement.

Dicta Care Initiative remains committed to supporting WASH initiatives as an implementing partner, contributing to sustainable health and education outcomes within school communities.

Annex 1: Day 1 – Soap and Disinfectant Training Photographs

- Student participation
- Facilitator demonstrations
- Practical exercises



Annex 2: Day 2 – Menstrual Hygiene Awareness and Borehole Commissioning Photographs



Mental Health and Medical Outreach at Chikungoro IDP Camp

World Humanitarian Day Commemoration

Location: Chikungoro (Kuchigoro) Internally Displaced Persons (IDP) Camp, FCT
Date: 15 August 2025
Programme Lead: Dicta Care Initiative
Field Officer: Samuel Odagboyi, Mental Health Support Officer

Programme Overview

In commemoration of **World Humanitarian Day**, Dicta Care Initiative implemented a combined **mental health and medical outreach** at the Chikungoro IDP Camp. The outreach was designed to address both the **psychological and physical health needs** of internally displaced persons (IDPs), recognizing the interconnected nature of mental wellbeing and overall health in humanitarian settings.

The intervention focused on **mental health awareness, basic medical screening, early identification of health risks**, and provision of essential support to vulnerable individuals within the camp.

Objectives of the Outreach

- Promote awareness and understanding of **mental health** within the IDP community
- Reduce stigma associated with mental health conditions and help-seeking
- Conduct basic medical screenings to identify health risks
- Provide immediate support and referral where necessary
- Strengthen access to basic health monitoring within the camp

Key Activities Implemented

Mental Health Awareness and Education
An interactive mental health education session was conducted for men, women, and youths within the camp. The session focused on:

- Understanding mental health and emotional wellbeing
- Recognizing common signs of psychological distress
- Encouraging open dialogue and help-seeking behavior
- Promoting resilience and self-care practices in displacement settings

The session created a safe and inclusive space for participants to engage, ask questions, and share experiences.

Medical Screening and Health Support

As part of the outreach, free medical screenings were conducted, with particular attention given to **blood pressure monitoring**. The screenings enabled the identification of individuals with elevated blood pressure levels, allowing for early intervention and guidance.

Key actions taken included:

- Conducting free blood pressure tests for community members
- Identifying individuals with high blood pressure for follow-up support
- Providing blood pressure monitoring devices to vulnerable individuals for regular use
- Donating a blood pressure monitoring machine to a community clinic within the camp to support ongoing health services

Participation and Reach

The outreach reached a cross-section of the IDP population, including men, women, and youths, ensuring inclusive access to both mental health education and medical support. Despite weather-related challenges, including rainfall on the day of the outreach, participation remained strong and engagement was sustained throughout the programme.

Outcomes and Impact

- The outreach achieved the following outcomes:**
- Increased awareness and understanding of mental health among IDPs
 - Reduced stigma around mental health discussions and help-seeking
 - Early identification of individuals with high blood pressure, enabling timely health interventions
 - Improved access to basic health monitoring through donated equipment
 - Strengthened trust and connection between the Initiative and the IDP community
- The intervention demonstrated empathy, care, and commitment to the wellbeing of displaced families, addressing both immediate health needs and longer-term awareness.



Challenges and Resilience

Despite challenges posed by rainfall, the outreach was successfully completed. The commitment of the outreach team and the willingness of community members to participate underscored the importance and relevance of integrated health interventions in humanitarian settings.

Conclusion

The Mental Health and Medical Outreach at Chikungoro IDP Camp reaffirmed Dicta Care Initiative's commitment to advancing health, dignity, and hope for internally displaced populations. By integrating mental health awareness with essential medical support, the Initiative ensured that humanitarian action addressed both the mind and the body, contributing to stronger, healthier, and more resilient communities.

Safeguarding and Ethical Reporting

In line with ethical reporting and safeguarding standards, personal identifying details of beneficiaries have been withheld in this public report.

International Women's Day Empowerment Programme

Skills Development for Women with Disabilities

Location: Karmajiji (Karon Majiji), Abuja

Date: 7 March 2025

Organized by: Dicta Care Initiative

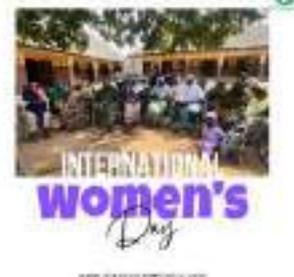
Programme Overview

In commemoration of **International Women's Day**, Dicta Care Initiative implemented a **women's empowerment and skills development programme** for women with disabilities in the Karmajiji community, Abuja. The programme was designed to promote **economic inclusion, self-reliance, and dignity** by equipping participants with practical, income-generating skills.

The intervention focused on **hands-on training in liquid soap production**, enabling participants to acquire both knowledge and the capacity to apply the skill independently within their homes and communities.

Target Group

- **Twenty (20) women with disabilities** from the Karmajiji community



Programme Objectives

The programme aimed to:

- Empower women with disabilities through practical, livelihood-oriented skills
- Promote self-sufficiency and confidence among participants
- Support economic inclusion and participation at the community level
- Celebrate International Women's Day through meaningful and sustainable action

Key Activities Implemented

Liquid Soap Production Training

Participants were engaged in a structured, hands-on training session focused on liquid soap production. The training covered:

- Introduction to basic soap-making processes
- Identification and safe handling of materials
- Step-by-step production techniques
- Practical demonstrations and supervised participation

To support sustainability beyond the training session, each participant was provided with **essential production materials**, enabling them to practice the skill independently and apply it for household use or small-scale livelihood activities.

Participation and Engagement

The training was highly interactive, with participants actively involved in demonstrations and practical exercises. The women displayed strong interest, enthusiasm, and willingness to learn, creating a supportive and collaborative learning environment.

Outcomes and Impact

The programme achieved the following outcomes:

- Improved practical skills in liquid soap production among participants
- Increased confidence and sense of independence among women
- Enhanced capacity for household self-sufficiency and small-scale production
- Strengthened inclusion of women with disabilities in community development initiatives

Participants expressed appreciation for the training and the opportunity to acquire a practical skill that supports daily living and potential income generation.

Figure X: International Women's Day Empowerment Programme – Karmajiji
Visual documentation of skills training and participant engagement.



Conclusion

The International Women's Day Empowerment Programme at Karmajiji reinforced Dicta Care Initiative's commitment to gender equity, inclusion, and economic empowerment, particularly for women with disabilities. By focusing on practical skills and sustainability, the Initiative continues to promote pathways toward independence, dignity, and long-term resilience for women at the community level.

Safeguarding and Ethical Reporting

In line with ethical reporting and safeguarding standards, personal identifying details of participants have been withheld in this public report.

Empowering Women. Inspiring Change.



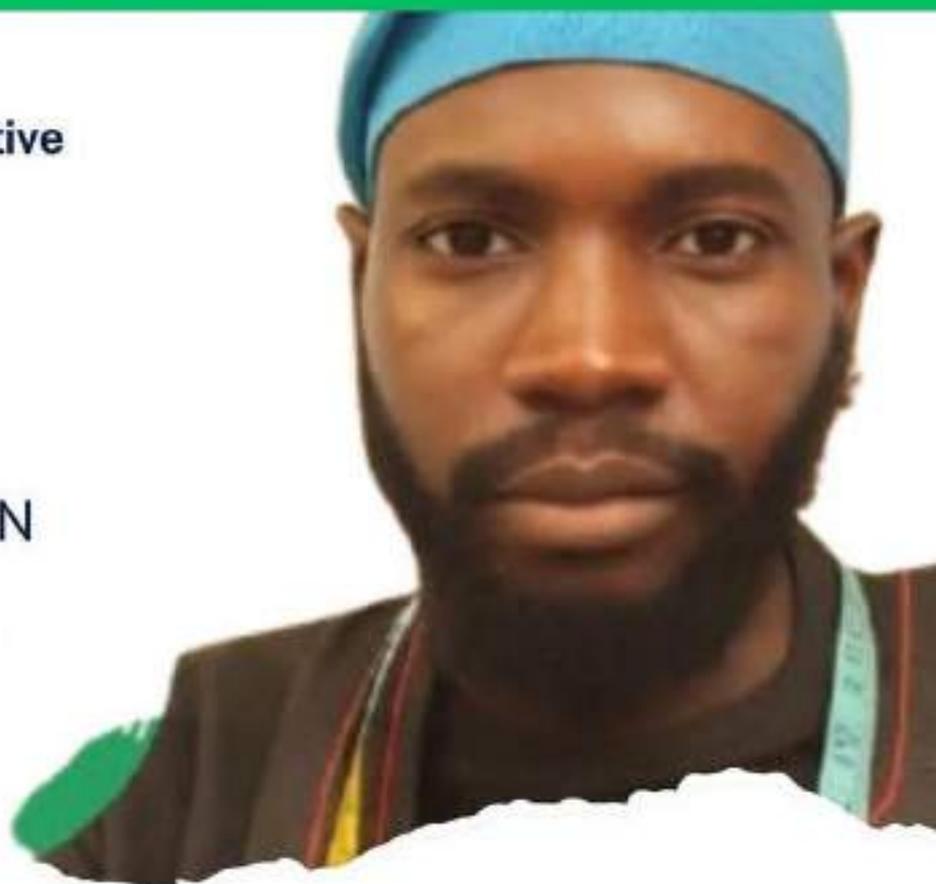
PITCH FOR CHANGE

Empowering Women Through Tailoring Skills

Organizer: **Dicta Care Initiative**

Implemented by: **ANYIADE
MSUGHTER DAVID**

A 7-DAY
EMPOWERMENT
TRAINING FOR WOMEN



A grant-winning project by Dicta Care Initiative
volunteer Anyiade Msughter David

**Training 5 women to gain tailoring skills and
financial independence.**

Location: By Chief Palace, Aso A,
Mararaba Gurku

Date: 20th to 27th October

📧 Contact: volunteer@dictacareinitiative.com

🌐 www.dictacareinitiative.com

☎ (+234)209-292-4057

Pitch for Change 2025: Women's Tailoring Empowerment Programme

Project Location: Mararaba Gurku (By Chief Palace, Aso A)

Project Period: October 2025

Implementing Organisation: Dicta Care Initiative

Project Grantee & Lead Facilitator: Anyiade Msughter David

Target Group: Five (5) women

Programme Overview

The **Pitch for Change 2025 Women's Tailoring Empowerment Programme** is a community-based skills development initiative designed to equip women with **practical tailoring skills** that promote financial independence, creativity, and long-term self-reliance.

Through the Pitch for Change platform, Dicta Care Initiative supports grassroots changemakers by enabling volunteer grantees to design and implement locally driven empowerment projects that respond directly to community needs.

Orientation and Programme Alignment

Participants were engaged in an orientation and alignment session aimed at providing a clear understanding of the programme's objectives, structure, and expected outcomes. Facilitated by the project grantee, the session emphasized:

- The importance of **skill acquisition** as a pathway to economic empowerment
- Creativity, discipline, and consistency in tailoring as a sustainable livelihood
- Familiarization with tailoring tools, materials, and equipment
- Safety practices and responsible use of equipment

Participants also shared their personal goals and expectations, fostering a sense of unity, shared purpose, and motivation for the learning process.

Monitoring and Programme Support

As part of its commitment to accountability and quality assurance, **Dicta Care Initiative** conducted a field visit to the training location. The visit provided an opportunity to:

- Observe training delivery and participant engagement
- Support the grantee in effective project implementation
- Ensure alignment with Pitch for Change objectives
- Reinforce standards for sustainable and impactful community interventions

This engagement strengthened programme oversight and reaffirmed the Initiative's dedication to meaningful grassroots empowerment.

Tailoring Skills Development

The programme progressed into practical tailoring training, where participants were introduced to core foundational skills essential for garment production. Training activities included:

- Handling and operation of sewing machines
- Accurate body measurement techniques
- Fabric cutting and basic pattern preparation
- Introductory stitching and finishing exercises

The hands-on sessions encouraged teamwork, patience, and creativity, allowing participants to build confidence while applying newly acquired skills in a supportive learning environment.

Outcomes and Early Impact

- Participants acquired foundational tailoring skills and practical knowledge
- Increased confidence in pursuing tailoring as a livelihood option
- Strengthened peer collaboration and mutual support among participants
- Improved accountability through structured monitoring and engagement

The programme demonstrated strong potential for long-term impact as participants continue to develop their skills toward economic independence.

Conclusion

The Pitch for Change 2025 Women's Tailoring Empowerment Programme reflects Dicta Care Initiative's commitment to women's empowerment, community-led development, and sustainable skill-building. By investing in practical skills and supporting local leadership, the Initiative continues to create pathways for women to build resilient, self-reliant, and dignified futures.

Programme Photo Highlights



Programme Overview

As part of its commitment to promoting **preventive health, physical wellbeing, and community engagement**, Dicta Care Initiative implements a **Monthly Community Fitness and Wellness Programme** held at Jabi Lake Park, Abuja. The programme takes place **on the first Saturday of every month** and provides an inclusive platform for individuals to engage in physical activity in a supportive and social environment.

Monthly Community Fitness and Wellness Programme

Programme Location: Jabi Lake Park, Abuja
Frequency: First Saturday of every month
Programme Lead: Dicta Care Initiative
Volunteer Fitness Coach: Simeon

The initiative combines **aerobics and dance-based fitness sessions**, encouraging regular exercise as a practical approach to maintaining physical health, reducing stress, and improving overall quality of life.

Programme Objectives

The programme aims to:

- Promote regular physical activity as a foundation for good health
- Encourage healthy lifestyle habits within the community
- Provide accessible and inclusive fitness opportunities for all
- Foster social connection and community wellbeing through group exercise

Programme Activities

Each session features a structured aerobics and dance fitness workout, designed to accommodate participants of varying fitness levels. The sessions focus on:

- Cardiovascular movement and flexibility
- Energy-building and stress reduction
- Enjoyable, music-driven exercise routines
- Group participation and motivation

The open and engaging nature of the sessions creates a welcoming atmosphere that encourages consistency and long-term participation.

Volunteer Support and Facilitation

The sessions are facilitated by Mr. Simeon, a dedicated volunteer fitness coach, whose professionalism and enthusiasm have contributed significantly to the success of the programme. His leadership ensures that participants exercise safely while remaining motivated and engaged throughout each session.

Participation and Community Engagement

The Monthly Community Fitness and Wellness Programme attracts community members seeking a healthy and positive way to begin their weekends. Participants benefit not only from physical exercise but also from the sense of connection and shared commitment to wellbeing.

Community feedback has consistently highlighted the programme as an energizing and enjoyable experience that supports both physical and mental health.

Outcomes and Impact

- Increased awareness of the importance of regular physical activity
- Improved motivation to adopt healthy lifestyle practices
- Strengthened community bonds through shared wellness activities
- Promotion of preventive health at the grassroots level



Conclusion

Through its Monthly Community Fitness and Wellness Programme, Dicta Care Initiative continues to promote health, inclusion, and community resilience. By providing consistent, accessible fitness opportunities, the Initiative reinforces the importance of prioritizing health as a collective responsibility and lifestyle choice.

Volunteer Orientation and Capacity Building

Strengthening Standards for Impact, Integrity, and Community Service
Organized by: Dicta Care Initiative

Programme Overview

Volunteers play a central role in advancing the mission and community impact of Dicta Care Initiative. To ensure effective, ethical, and coordinated engagement, the Initiative conducted an **Official Volunteer Orientation and Capacity-Building Programme** aimed at setting clear standards for service delivery and responsible community engagement.

The orientation provided a structured introduction to the Initiative's mission, values, and operational expectations, equipping volunteers with the guidance required to contribute meaningfully across programmes while upholding professionalism and integrity.

Orientation Objectives

The programme was designed to:

- Introduce volunteers to Dicta Care Initiative's mission, vision, and core values
- Clarify roles, responsibilities, and expectations for volunteer engagement
- Promote safeguarding principles and ethical community practice
- Strengthen teamwork, accountability, and communication
- Align volunteer contributions with organizational goals and impact priorities

Orientation Content and Engagement

Volunteers were guided through the Official Volunteer Orientation Guide, which outlines standards for responsible service, community interaction, and representation of the organization. Key focus areas included:

- Ethical conduct and accountability
- Safeguarding and protection of community members
- Inclusion, respect, and cultural sensitivity
- Collaboration with staff, partners, and community stakeholders

Interactive discussions created space for volunteers to share motivations, ask questions, and better understand how their contributions support the Initiative's broader work.

Volunteer Growth and Engagement

By the end of the year, Dicta Care Initiative's volunteer base had **grown significantly, reaching nearly 100 active volunteers**. This growth reflects increased trust, visibility, and interest in the Initiative's programmes.

Volunteers contributed across multiple thematic areas, including education, health, mental health awareness, women empowerment, WASH, and community outreach. The orientation played a key role in ensuring that this growing network was well-prepared, coordinated, and aligned with the Initiative's standards.

Impact and Outcomes

- Improved volunteer preparedness and role clarity
- Stronger adherence to ethical and safeguarding standards
- Enhanced coordination and teamwork across programmes
- A solid foundation for sustained and impactful volunteer engagement

Volunteers continue to serve as essential partners in delivering people-centered and sustainable community interventions.

Programme at a Glance

Focus: Volunteer Orientation & Capacity Building

Volunteer Network: Growing, diverse, and community-driven

Key Themes: Integrity · Accountability · Community Service

Outcome: A prepared and value-aligned volunteer base supporting multi-sector programmes

Photo Highlights



Conclusion

The Volunteer Orientation and Capacity-Building Programme underscores Dicta Care Initiative's commitment to investing in its volunteer network as a cornerstone of sustainable community impact. As the Initiative continues to grow, strengthening volunteer capacity remains integral to its approach to ethical, effective, and inclusive service delivery.



Programme Overview

As part of its ongoing commitment to advancing mental health awareness and public education, Dicta Care Initiative participated in a **live radio discussion** on Radio Maria Nigeria 91.3FM. The engagement formed part of the Initiative's broader strategy to leverage media platforms to reach wider audiences with conversations on emotional wellbeing, trauma, and the importance of psychosocial support systems.

Radio remains a powerful tool for community education and awareness, particularly in reaching diverse audiences across social and economic backgrounds. This engagement provided an opportunity to contribute expert perspectives and practical insights on mental health issues affecting individuals and communities.

Focus of the Discussion

Although the initially planned topic evolved during the live broadcast, the conversation provided valuable depth and relevance by focusing on:

- The **psychological impact of trauma** on individuals
- How everyday experiences and life events can result in lasting emotional scars
- The importance of **support systems**, including family, community, and professional help
- The need to normalize conversations around mental health and emotional wellbeing

The discussion emphasized that mental health challenges are not always visible and that awareness, empathy, and timely support are critical in addressing them.

Participation and Contribution

Two staff members of Dicta Care Initiative participated in the live broadcast, contributing meaningfully to the discussion by:

- Sharing professional insights on trauma and emotional wellbeing
- Highlighting the importance of early support and community understanding
- Reinforcing the role of awareness and education in reducing stigma around mental health

Their participation ensured that the conversation remained informative, responsible, and aligned with best practices in mental health advocacy.

Reach and Significance

The radio engagement enabled Dicta Care Initiative to:

- Reach a broad and diverse listening audience
- Amplify messages on mental health awareness beyond physical outreach activities
- Strengthen partnerships with media organizations in promoting public wellbeing
- Position the Initiative as an active voice in mental health advocacy

By engaging through mass media, the Initiative extended its impact beyond direct beneficiaries to the general public.

Outcomes and Impact

- Increased public awareness of the psychological effects of trauma
- Encouraged open dialogue on emotional wellbeing and help-seeking
- Reinforced the importance of supportive environments for individuals experiencing distress
- Strengthened Dicta Care Initiative's role in mental health advocacy and public education

Photo Documentation



Conclusion

The radio engagement on Radio Maria Nigeria 91.3FM reinforced Dicta Care Initiative's commitment to promoting mental health awareness through diverse and accessible platforms. By lending its voice to public conversations on trauma and emotional wellbeing, the Initiative continues to advocate for understanding, compassion, and supportive systems that promote healthier and more resilient communities.

Youth Engagement at the CBN Youth Action Event – Summit of the Future

Date: 31 January 2025

Platform: Youth Action Event on the Summit of the Future

Host: Central Bank of Nigeria

Participating Organisation: Dicta Care Initiative

Overview

Dicta Care Initiative participated in the **CBN Youth Action Event on the Summit of the Future**, a strategic platform focused on engaging young people as key drivers of transformation in governance, climate action, and digital innovation.

The event aimed to sensitize young people on the **Pact of the Future**, equipping participants with knowledge on how to align with and implement its principles within their communities. Through engagement and collaboration, the Initiative contributed to conversations centered on youth leadership, advocacy, and sustainable development.



Participation in Brain Health and Mental Well-being Summit

Date: 24 May 2025

Venue: Shehu Musa Yar'Adua Foundation

Participating Organisation: Dicta Care Initiative

Overview

Dicta Care Initiative participated in a high-level summit on **Brain Health and Mental Well-being**, convening mental health professionals, development stakeholders, and advocates to explore strategies for strengthening mental wellness across Africa.

Key discussions emphasized prioritizing mental health as a public health imperative, maintaining healthy brain function, and understanding the link between mental wellbeing and overall health. Highlights included expert insights on managing screen time, addressing stigma particularly around menstrual health for African girls and the mental health benefits of green spaces and nature-based approaches.

Following the engagement, key insights were shared internally to inform Dicta Care Initiative's ongoing programming and advocacy on mental health and wellbeing.



Participation in the Social Impact Tech Summit 2025

Event: Social Impact Tech Summit (SIT Summit) 2025

Venue: American Space Abuja

Participating Organisation: Dicta Care Initiative

Overview

Staff members of Dicta Care Initiative represented the organization at the **Social Impact Tech Summit 2025**, held at American Space, Abuja. The engagement coincided with the **International Day of Education**, providing a timely platform to reflect on the role of education, innovation, and technology in advancing sustainable development.

The summit convened thought leaders, innovators, and development practitioners to explore how **technology can be leveraged for social impact**, inclusive growth, and long-term community transformation. Through participation in these discussions, Dicta Care Initiative reinforced its commitment to innovation-driven solutions that support education, development, and social change.



Participation in Gender Equality and Women Empowerment Conference

Venue: Institute for Peace and Conflict Resolution

Representing Organisation: Dicta Care Initiative

Representative: Rosemary Ojoma, Program Manager

Overview

Dicta Care Initiative participated in the **Gender Equality and Women Empowerment Conference** held in Abuja, where policymakers, development practitioners, and gender advocates convened to examine strategies for advancing gender equality and promoting inclusive development.

The conference provided a valuable platform for knowledge exchange, dialogue, and collaboration on policies and practices that strengthen women's empowerment and social inclusion.

The Initiative acknowledges **CEPASD** and the **Government of Ireland International Development Programme** for convening this impactful engagement.

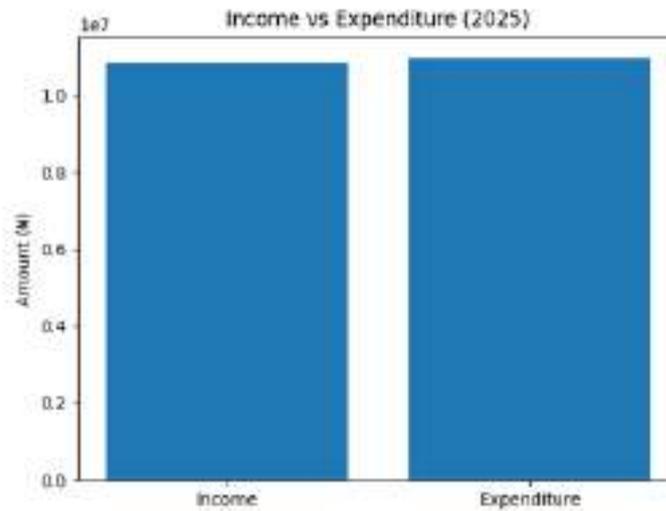
Dicta Care Initiative

Audited Financial Summary – Year Ended 31 December 2025

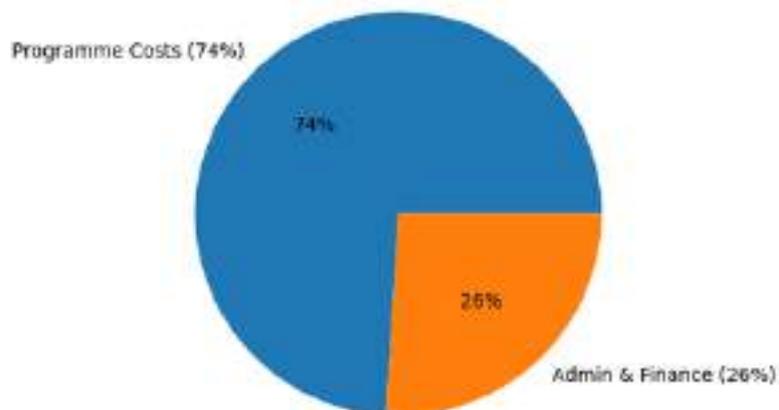
According to the externally audited financial statements for the year ended 31 December 2025, Dicta Care Initiative recorded total income of █10,825,520 and total expenditure of █10,962,893, resulting in a modest deficit of █137,373. Despite the deficit, the organization maintained a positive net asset position of █2,053,884, ensuring operational continuity and sustainability.

Item	Amount (█)
Total Income	10,825,520
Total Expenditure	(10,962,893)
Deficit for the Year	(137,373)
Net Assets	2,053,884

Income vs Expenditure



Expenditure Allocation





BN: 7100527

A.E. BASHSEDEEN & CO

(Certified National Accountant)

Suite J1A, First Floor, Sky Memorial Plaza, Wuse Zone 5, Wuse Abuja.

09137779626, 08052050563

ahmedandco@gmail.com

AUDITORS' REPORT TO THE TRUSTEES OF

ICTA CARE INITIATIVE

We have examined the annexed financial statements for the year ended 31st December, 2025 which have been prepared under the Historical Cost Convention and the basis of the accounting policies set out in the accounts.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

The NGO, that is, ICTA CARE INITIATIVE is responsible for the preparation of the financial statements. It is our responsibility as External Auditors to form an Independent Opinion, based on our audit, on those Statements and to report our opinion to you.

BASIS OF OPINION

We conducted our audit in accordance with Generally Accepted Auditing Standards. An audit includes the examination, on a test basis of evidence relevant to the amounts and disclosures in the Financial Statements. It also includes an assessment of the significant estimates and judgments made by the Trustees in the preparation of the Financial Statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanation which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the Financial Statements are free of material mis-statements.

In forming our opinion we also evaluate the overall adequacy of the presentation of information in the Financial Statements. The Financial Statements are in agreement with the Books of Accounts, which have been properly kept, and we have obtained the information and explanations we required.

OPINION

In our opinion, the Financial Statements give a true and fair view of the state of the NGO's Affairs as at 31st December, 2025 and of the Comprehensive Income for the period ended on that date.

A.E. Bashsedeen & Co.

CERTIFIED NATIONAL ACCOUNTANTS

ABUJA, NIGERIA



Risk Management, Compliance, and Safeguarding (2025)

At **Dicta Care Initiative**, effective risk management and strong compliance systems remain central to our ability to deliver impactful, ethical, and sustainable programmes. In 2025, the organization strengthened its governance practices to respond to an expanding programme portfolio, increased partnerships, and deeper engagement with vulnerable communities.

Our approach emphasizes **anticipation, prevention, accountability, and continuous improvement**, ensuring that risks are managed responsibly while maintaining the trust of beneficiaries, partners, donors, and regulatory bodies.

Risk Management Framework

In 2025, Dicta Care Initiative continued to implement a structured risk management framework designed to identify, assess, and mitigate risks across all areas of operation. This framework supports informed decision-making and strengthens organizational resilience.

Key components of our risk management approach include:

- Periodic risk assessments covering **programmatic, operational, financial, safeguarding, and reputational risks**
- Context-specific risk analysis prior to community entry, outreach activities, and project implementation
- Clear escalation and response mechanisms to address emerging risks promptly
- Internal control systems to minimize exposure to fraud, misuse of resources, and operational inefficiencies

These measures enabled the Initiative to adapt effectively to diverse operating environments, including schools, IDP camps, and community settings, while safeguarding programme quality and continuity.

Regulatory and Institutional Compliance

Dicta Care Initiative remains fully committed to compliance with applicable **local, national, and international regulations** governing non-profit and humanitarian operations. Throughout 2025, compliance practices were reinforced to align with evolving regulatory expectations and partnership requirements.

Our compliance commitments include:

- Adherence to Nigerian legal and regulatory frameworks governing non-profit organizations
- Compliance with institutional and reporting requirements of government partners, including ministries and regional bodies
- Transparent financial management and reporting in line with accepted governance and accountability standards
- Alignment with international principles on **human rights, gender equality, labour standards, and ethical practice**

Ongoing monitoring of regulatory updates ensured that the organization remained compliant while maintaining operational integrity and stakeholder confidence.

Accountability and Continuous Improvement

In 2025, Dicta Care Initiative strengthened internal accountability by embedding risk awareness and compliance responsibilities across leadership, staff, and volunteer structures. Lessons learned from programme implementation informed improvements in planning, monitoring, and risk mitigation strategies.

By continuously reviewing systems and practices, the organization ensured that compliance and safeguarding were not standalone requirements but integral components of effective and ethical service delivery.

Commitment Going Forward

Dicta Care Initiative remains committed to strengthening its risk management, compliance, and safeguarding systems as the organization grows. These frameworks will continue to guide responsible expansion, partnership engagement, and programme delivery, ensuring that the Initiative operates with integrity while advancing its mission to spread love, promote wellbeing, and empower communities.

Risk Management & Compliance 2025



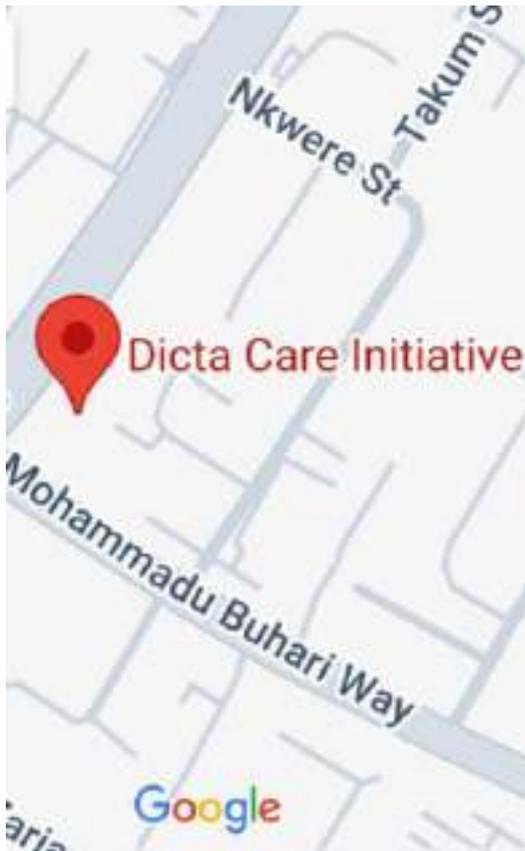
Safeguarding and Ethical Practice

Safeguarding remained a priority area in 2025, particularly given the Initiative's work with **children, women, persons with disabilities, and internally displaced populations**. Dicta Care Initiative maintained a zero-tolerance approach to abuse, exploitation, and misconduct.

Key safeguarding measures implemented during the year include:

- Enforcement of child safeguarding and protection policies across all programmes
- Mandatory safeguarding orientation for staff, volunteers, and facilitators prior to programme engagement
- Clear codes of conduct outlining ethical behaviour, boundaries, and professional responsibility
- Confidential and accessible reporting mechanisms to enable the safe reporting of concerns without fear of retaliation

Safeguarding principles were integrated into programme design, community engagement, documentation practices, and public reporting to ensure dignity, privacy, and protection of all participants.



Contact Us



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Thank You

