



# ANNUAL REPORT 2024

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# MESSAGE FROM THE CEO/FOUNDER

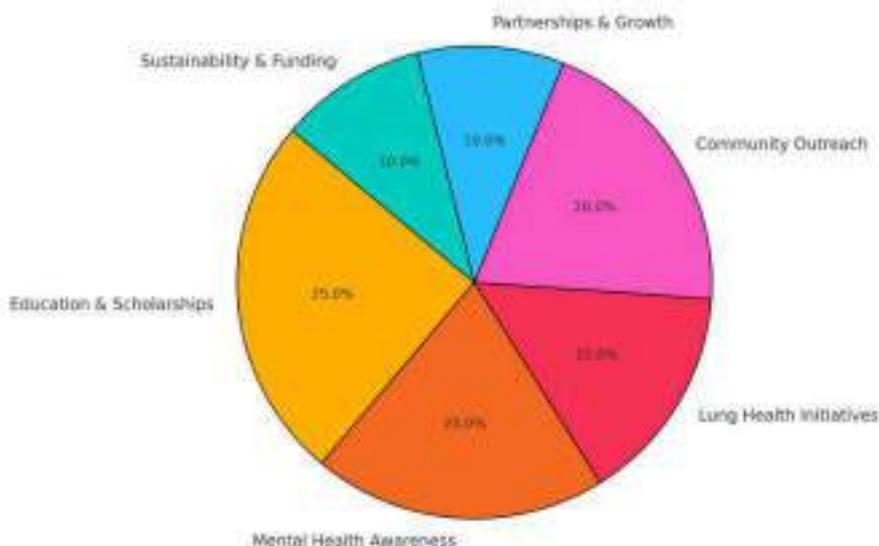


## DICTA UGBAH

CEO/FOUNDER DICTA CARE INITIATIVE

In 2024, Dicta Care Initiative made significant strides by expanding outreach, strengthening partnerships, and making a lasting impact in communities across Nigeria. Key achievements included providing scholarships for underprivileged children, raising awareness on mental health, promoting lung health, and empowering individuals with disabilities. The organization supported vulnerable students, distributed educational materials, conducted free health screenings, and offered counseling services. Financially, we maintained stability, ensuring the sustainability of our mission and demonstrating efficient resource management for continued positive impact.

Dicta Care Initiative Strategic Direction 2024



### Acknowledgment of Key Stakeholders and Donors

Dicta Care Initiative extends heartfelt gratitude to our CEO/Founder, Dicta Ugbah, whose unwavering commitment and sole financial support have driven our mission forward. We also appreciate our dedicated team, volunteers, and community partners for their relentless efforts in making a difference. Special thanks to the schools, healthcare professionals, and local leaders who collaborated with us to ensure impactful outreach programs. Your support and dedication continue to fuel our vision of spreading love and empowering communities.



# About Dicta Care Initiative

Dicta Care Initiative was founded by Dicta Ugbah to empower vulnerable communities through education, healthcare, and social support. The organization provides scholarships, mental health awareness, health screenings, disability support, and aid for Internally Displaced Persons (IDPs). While currently impacting Nigeria, it is working to expand globally, spreading love and empowerment.



## Vision

To Ensure every child receives a quality education and is empowered to pursue their dreams to help shape a better future. To Enhance the lives of those living with mental illness, combating depression and suicide, Empowering women to promote Gender equality and creating a world where love is the universal language.

## Mission

We are dedicated to uplifting the underprivileged by granting access to Education, promoting mental health, preventing suicide and depression through our individual education and outreach events, promoting gender equality, providing support and spreading love to the underprivileged.

## Core values



### Accountability & Transparency

We ensure ethical operations, responsible use of funds, and openness in decision-making to build trust with stakeholders.



### Empowerment & Education

We believe in uplifting communities through education, mental health awareness, and skill development, creating lasting change in people's lives.



### Compassion & Service

We are committed to spreading love through giving, ensuring that vulnerable individuals, including children, women, and IDPs, receive the support they need.

# Our Work and Impact on Education

## Azeemat's Story: A Legacy of Hope

Dicta Care Initiative first met Azeemat Salisu through her late brother, Abubakar, who was awarded a scholarship before his passing. To honor his memory and support his struggling family, the initiative granted Azeemat a full educational scholarship covering her primary and secondary school education.



Beyond tuition, Dicta Care Initiative provided Azeemat with a school uniform, writing materials, a lunch box, school bag and food provisions to ensure she had everything needed for a successful learning experience. The award was presented at the Palace in Karon Majiji, attended by the Emir of Persons Living with Disabilities and community leaders. Recognizing her resilience, Dicta Care Initiative later honored Azeemat with an award, reaffirming its commitment to empowering vulnerable children through education and holistic support.

## A VISIT TO AZEEMAT WITH PROVISIONS



## AZEEMAT'S FIRST DAY AT SCHOOL



# Summary of Educational Outreach to Junior Secondary School Alungu-Lungu

## Overview

Dicta Care Initiative conducted multiple educational outreaches at Junior Secondary School Alungu-Lungu in 2024 to support underprivileged students. These efforts aimed to improve access to education by covering school fees, providing essential school materials, and raising awareness on mental health.



## School Fees Sponsorship (January & September 2024)

As part of its commitment to ensuring access to quality education, Dicta Care Initiative sponsored the school fees of ten students from Junior Secondary School Alungu-Lungu in January and September 2024. This initiative aimed to eliminate financial barriers that could hinder students from continuing their education.



The full school fees for the selected students—chosen based on academic potential and financial need—were officially presented to the school's principal Mrs. Hajiya Gimba khadija, ensuring transparency and accountability in the process. Beyond covering tuition, the initiative also engaged with school authorities to track the students' progress, reinforcing its dedication to long-term educational support.

This intervention aligns with Dicta Care Initiative's broader mission to reduce dropout rates, promote equal learning opportunities, and empower underprivileged students. Looking ahead, the organization aims to expand its sponsorship program to reach more students in need, fostering a future where no child is denied education due to financial constraints.

# Educational Material And School Uniform Distribution

Dicta Care Initiative remained steadfast in its mission to promote education and support underprivileged students through various outreach programs across multiple locations in 2024.

## School Uniform Provision

On March 20, 2024, Dicta Care Initiative extended its support to ten students of Junior Secondary School (JSS) Alungu-Lungu by providing new school uniforms. This initiative aimed to ensure that students had the proper attire to attend school with dignity and confidence, further reinforcing the organization's commitment to removing barriers to education.



## Empowering Education and Mental Well-being

In 2024, Dicta Care Initiative strengthened its commitment to education and mental well-being by providing essential support to students in underserved communities. The initiative prioritized the distribution of educational materials, mental health awareness, and value-based learning, ensuring that young learners receive the tools they need to excel academically and personally.



Throughout the year, Dicta Care Initiative conducted outreach programs at Junior Secondary School Alungu-Lungu (January, March, and September) and Bakin Ado Primary School, Karu, Nasarawa (November). During these visits, a total of 450 branded exercise books were distributed to students, along with additional supplies for school administrators to provide ongoing support. These engagements included interactive discussions on education and mental health, equipping students with knowledge on self-care, resilience, and emotional well-being.



## Follow-Up & Impact Assessment on Our Educational Outreaches

To evaluate the effectiveness of these outreach programs, Mrs. Ebere, a staff member of Dicta Care Initiative, conducted an interview with Hajiya Gimba Khadija, the principal of JSS Alungu-Lungu. This follow-up discussion assessed the impact of the initiative's interventions, identified areas for further support, and reinforced the importance of sustained educational empowerment.



The meeting with Principal Hajiya Gimba Khadija Shehu provided valuable insights into the challenges at Junior Secondary School Alungu-Lungu. Key concerns included low literacy levels, a poor reading culture, and the need for counseling and mentoring programs. While student welfare issues were minimal, there was a strong emphasis on ensuring equal educational opportunities for both boys and girls. The principal expressed enthusiasm for partnering with Dicta Care Initiative to establish a reading club and implement support programs. This collaboration aims to enhance literacy, provide academic guidance, and foster a stronger learning environment for students.



# Lessons Learned & Challenges from Educational Outreaches at JSS Alungu-Lungu and Bakin Ado Primary School, Nasarawa

## Lessons Learned

1. Consistency in Educational Support Yields Better Results
  - Regular engagement with schools enhances impact, ensuring students receive continuous support in literacy and academic development.
2. Counseling and Mentoring Are Crucial
  - Both schools highlighted the importance of emotional and academic guidance, reinforcing the need for structured counseling programs.
3. Interactive Learning Methods Encourage Student Participation
  - Engaging students through discussions, activities, and motivational talks fosters enthusiasm for education and self-improvement.
4. Reading Culture Must Be Strengthened
  - A lack of interest in reading among students was evident, emphasizing the need for initiatives like reading clubs and book donations to build strong literacy habits.
5. School Authorities Value Partnerships
  - The principals of both schools expressed appreciation for Dicta Care Initiative's support and welcomed long-term collaboration for more impactful interventions.

## Challenges

1. Limited Resources to Meet Growing Needs
  - The demand for school materials, uniforms, and financial assistance exceeds available resources, making it difficult to support all students in need.
2. Logistical Constraints
  - Transportation to outreach locations, particularly in Nasarawa, required extensive planning and incurred high mobility costs.
3. Low Literacy Levels Among Students
  - Many students at JSS Alungu-Lungu struggled with basic reading and writing skills, necessitating targeted interventions like tutoring and literacy workshops.
4. Need for More Trained Counselors
  - While schools acknowledged the importance of mentoring, there is a lack of trained personnel to provide consistent counseling support for students.
5. Sustaining Long-Term Impact
  - Ensuring that students continuously benefit from educational interventions requires ongoing funding, monitoring, and engagement from stakeholders.

These challenges and lessons learned will guide future outreach efforts, ensuring that Dicta Care Initiative continues to make a meaningful impact in the lives of underprivileged students.

# Mental Health Awareness & Support Outreach Report

## Introduction

Dicta Care Initiative remains committed to promoting mental health awareness and breaking the stigma surrounding mental illness. In 2024, the initiative conducted multiple sensitization campaigns across communities, schools, and Internally Displaced Persons (IDP) camps, focusing on suicide prevention, emotional resilience, and psychological well-being. The goal was to educate individuals on recognizing mental health challenges, seeking help, and fostering a supportive environment for those in need.

## Suicide is Not an Option – Sensitization Outreach

In January 2024, Dicta Care Initiative launched the "Suicide is Not an Option" campaign across Jabi Lake, Kado Estate, and Alex Ekwueme Way in Abuja. This outreach aimed to raise awareness on suicide prevention, encourage open discussions about mental health, and provide resources for individuals struggling with depression.



### Key Activities:

- **Public Sensitization Talks**  
Educated community members on mental health, early warning signs, and coping mechanisms.
- **Pamphlet Distribution**  
100 branded mental health pamphlets were distributed with helpline contacts and messages of hope.
- **Walkathon**  
A banner walk reinforcing the theme, "You Are Not Alone," to encourage community support.
- **Interactive Engagement**  
One-on-one conversations and Q&A sessions helped address community concerns.

The outreach received positive feedback, with suggestions to expand efforts in marketplaces and low-income neighborhoods. The event underscored the importance of targeted programs for women, early outreach planning, and volunteer training for effective engagement.

## Mental Health Awareness & Support – IDP Camp, Durumi

In August 2024, Dicta Care Initiative extended its mental health awareness efforts to the Internally Displaced Persons (IDP) Camp in Durumi, Abuja. This outreach focused on empowering women who had experienced trauma, displacement, and extreme hardships.

### Key Activities:

- **Mental Health Awareness Session**  
Led by Dr. Samuel, discussing stress management, trauma recovery, and emotional resilience.
- **Personal Counseling Sessions**  
One-on-one mental health support provided by Dr. Samuel and psychologist Blessing.
- **Distribution of Essential Food Items**  
100 women received food supplies to support their nutritional well-being.
- **Educational Pamphlet Distribution**  
110 booklets with mental health resources were given to participants.



The initiative highlighted the critical need for sustained mental health support in IDP camps. The counseling sessions allowed women to share personal struggles and receive guidance, emphasizing the importance of ongoing psychological interventions.

# Monthly Aerobics Fitness Exercise Report

## Background

As part of Dicta Care Initiative's ongoing commitment to promoting mental health and well-being, the organization launched a Monthly Aerobics Fitness Exercise to encourage physical activity, mental clarity, and community engagement. This initiative is led by a professional fitness coach and is open to all individuals seeking to improve their overall wellness.

## Objective

- To enhance physical fitness and promote an active lifestyle.
- To support mental well-being through exercise and stress relief.
- To foster a sense of community and encourage social interaction.

## Event Details

- Venue: Jabi Lake Park, Abuja
- Time: 7:00 a.m.
- Frequency: Every first Saturday of the month
- Facilitator: Professional Fitness Coach



## Program Highlights

Each session includes:

- Warm-up exercises to prepare participants.
- Aerobic routines designed for all fitness levels.
- Cool-down and relaxation techniques to promote mindfulness.
- Health and wellness tips to reinforce the connection between fitness and mental health.

## Impact and Community Engagement

The Monthly Aerobics Fitness Exercise has become a platform for individuals to:

- Improve their physical fitness and stamina.
- Reduce stress and enhance mental well-being.
- Connect with like-minded individuals in a supportive environment.



## Conclusion

Dicta Care Initiative remains committed to promoting holistic well-being through accessible community programs like the Monthly Aerobics Fitness Exercise. By integrating fitness into mental health awareness, we aim to create a healthier and more active community.

We encourage everyone to join us every first Saturday of the month at Jabi Lake Park at 7:00 a.m. for an invigorating and fulfilling fitness experience.

# Challenges and Lessons Learned in Mental Health Outreach

## Challenges

1. Emotional Sensitivity: Many individuals shared deep-seated trauma, requiring additional mental health professionals for follow-up therapy.
  2. Limited Counseling Time: The demand for counseling exceeded the available time, highlighting the need for extended sessions.
  3. Logistical Constraints: Transportation and mobility were significant challenges in reaching both urban and IDP camp locations.
  4. Volunteer Preparedness: Some volunteers required additional training to engage effectively with individuals in distress.
  5. Stigma and Awareness Gaps: Many community members lacked awareness of mental health services, underscoring the need for more outreach.
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## Lessons Learned

1. Holistic Support is Effective: Combining mental health awareness with food distribution enhanced the impact of the outreach.
  2. Continuous Counseling is Needed: One-time sessions are not enough; sustained mentorship and follow-ups are necessary.
  3. Community Engagement is Key: Open conversations and Q&A sessions helped break stigma and encouraged individuals to seek help.
  4. Strategic Targeting Improves Impact: Future outreaches should focus on low-income areas and vulnerable populations, especially women and youth.
  5. Advanced Planning Enhances Outreach: Early planning, advertisement, and volunteer training significantly improve event effectiveness.
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## Conclusion

The mental health awareness outreaches conducted by Dicta Care Initiative in 2024 successfully educated communities on suicide prevention, stress management, and emotional well-being. By reaching diverse populations, including urban residents and displaced women, the initiative reinforced its commitment to breaking the stigma around mental health. Moving forward, Dicta Care Initiative will expand its efforts to establish long-term counseling programs, strengthen partnerships with mental health professionals, and introduce structured follow-up interventions to ensure sustainable support for those in need.



# Dicta Care Initiative: Lung Health Outreach Program Report

## Grant Support & Details:

This program was made possible by the **Healthy Lungs for Life Grant 2024-25** awarded by the **Forum of International Respiratory Societies and European Respiratory Society**.

- **Amount:** EUR 1,046.39
- **Event Dates:** 01.09.2024 to 31.10.2024
- **ERS Contact Person:** Dr. Pippa Powell



## Introduction

Dicta Care Initiative is proud to present this comprehensive report detailing our Lung Health Outreach program conducted from September 25th to September 27th, 2024. Funded by the Healthy Lungs for Life Grant 2024-25, the initiative aimed to provide extensive education on lung health, emphasizing the dangers of smoking, air pollution, hazardous exposures, and unhealthy lifestyle choices. By promoting preventive measures and early detection, the outreach culminated in a free lung health screening and consultation on September 27th, 2024.

## Objectives

- **Awareness Campaign:**

Educate the community on lung health, addressing risks such as smoking, air pollution, and exposure to hazardous substances.

- **Preventive Measures:**

Advocate for healthy living practices and environmental cleanliness to prevent lung-related illnesses.

- **Health Screenings:**

Provide free lung health screenings and consultations to enable early detection and management of respiratory issues.

- **Community Engagement:**

Involve volunteers and community members through dynamic events like walkathons and school visitations.

- **Promotion:**

Enhance visibility of lung health issues and preventive measures via strategic promotional activities.



# Event Overview

The three-day program was structured to maximize community impact through a variety of activities:

## September 25th, 2024 – Walkathon and Promotion

- Activity: Organized a walkathon to raise awareness about lung health.
- Location: Jabi Lake Park, serving as the central meeting point.
- Time: Started at 10:00 AM and ran for approximately three and a half hours.
- Engagement:
  - Interacted with community members at sports centers, shops, and other local hubs.
  - Distributed flyers outlining upcoming screening and consultation services.
  - Captured professional photography to support future promotional efforts.



## September 26th, 2024 – Preparation and School Visitation

- Focus: Final preparations for the screening event and outreach through school visitations.
- Activities:
  - Coordinated logistics and developed educational materials tailored for students.
  - Trained volunteers on effective communication of lung health practices.
  - Visited Government Day School in Wuse, Abuja, engaging students in interactive sessions and Q&A segments.



# September 27th, 2024 – Free Lungs Screenings

## Free Lungs Screening Event

- **Volunteers:** 10 dedicated volunteers, including four medical practitioners (Doctor Enoch, Nurse Dorcas, Nurse Catherine, and Nurse Chinwe).
- **Purpose:** Conduct free lung health screenings and provide consultations for early detection of respiratory issues.
- **Time:** From 9:00 AM to 3:00 PM.
- **Facilities & Tools:** Utilized spirometers, pulse oximeters, peak flow meters, stethoscopes, blood pressure monitors, and adhered to strict hygiene protocols.
- **Participants:** Screened 69 individuals aged between 12 and 73 years.
- **Outcome:**
  - Gathered valuable health data.
  - Identified individuals in need of further medical attention, including a 14-year-old smoker who received counseling and follow-up support.



# Impact Assessment

- **Community Engagement:**

The walkathon and public interactions fostered meaningful dialogue on lung health, reaching diverse community segments.

- **Educational Outreach:**

School visitations effectively instilled early awareness about lung health, emphasizing the risks of smoking and environmental hazards.

- **Health Screenings:**

The screening event was pivotal in detecting early signs of respiratory issues, allowing for timely interventions.

- **Promotional Success:**

Strategic promotional activities, including media coverage and flyer distribution, greatly enhanced the program's visibility and community reach.

## Screening Data Analysis

- **Participant Demographics:**

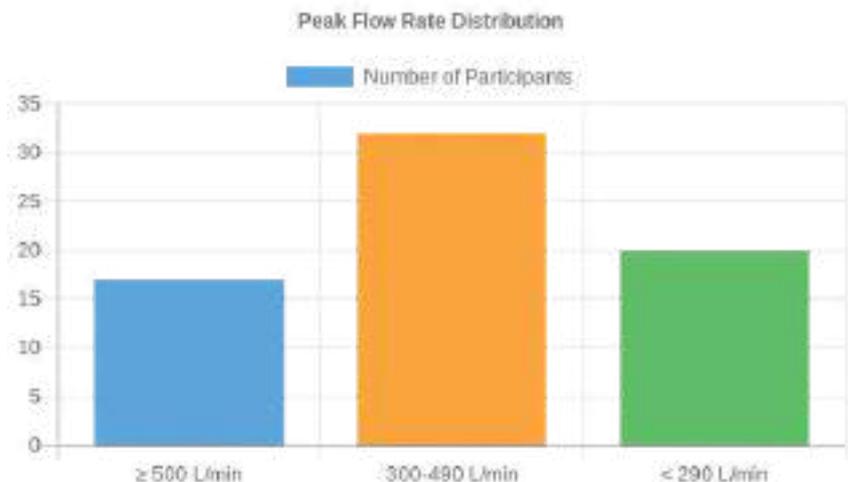
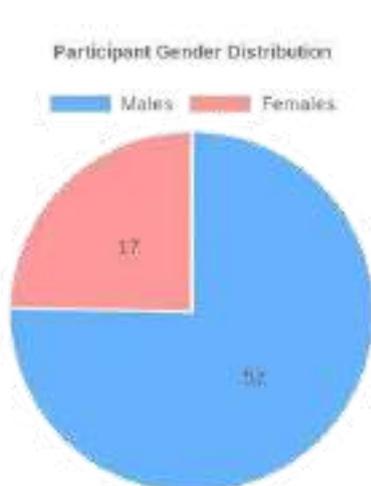
- Total Participants: 69
  - Males: 52
  - Females: 17
- Age Range: 12 to 73 years (including adolescents, young/middle-aged adults, and the elderly).

- **Health Metrics:**

- Peak Flow Rate (L/min):
  - $\geq 500$ : 17 participants
  - 300 - 490: 32 participants
  - $< 290$ : 20 participants
- Blood Pressure (mm/Hg):
  - Elevated ( $\geq 130/80$ ): 5 participants
  - Normal: 64 participants

- **Key Findings:**

- Majority of participants demonstrated good respiratory function.
- Some individuals required further medical attention due to detected respiratory issues and elevated blood pressure.



# Conclusion

The Lung Health Outreach program successfully met its objectives through strategic planning, dedicated volunteer efforts, and effective community engagement. The combination of a walkathon, school visitations, and health screenings significantly raised awareness about lung health and early detection of respiratory illnesses. Overall, the program fostered a healthier, more informed community and laid the groundwork for continued lung health education and preventive measures

## Recommendations

- Enhanced Communication:
- Continue utilizing multilingual resources to ensure clear and inclusive communication across diverse community groups.
- Ongoing Volunteer Training:
- Implement regular training sessions to maintain high standards of support and accuracy during health screenings and community outreach.
- Follow-Up Support:
- Strengthen follow-up mechanisms to provide continued care and support for individuals identified with potential health concerns.
- Expanded Outreach:
- Broaden community outreach efforts to further amplify lung health awareness and promote preventive measures on a larger scale.

## Acknowledgements

Dicta Care Initiative extends heartfelt gratitude to the FIRS Forum of International Respiratory Societies for their generous grant, which was instrumental in funding this initiative. Special thanks are also due to all volunteers, medical practitioners, community partners, and participants whose dedication and support made this program a resounding success.



Forum of  
International  
Respiratory  
Societies

United for Lung Health



ERS



ELF

# Support for Persons with Disabilities & IDPs

## Introduction

Dicta Care Initiative is dedicated to **spreading love and empowering underserved communities**, particularly persons living with disabilities. Through various outreach programs, the initiative has provided essential **resources, educational support, and healthcare interventions** to enhance the lives of individuals facing unique challenges.

This report details three major outreach initiatives conducted in 2024:

1. **Valentine's Day Outreach – Karon Majiji Community (February 14, 2024)**
2. **Empowering Children with Disabilities – April 8, 2024**
3. **Community Clean-Up & Mobility Support – Karon Majiji (October 29, 2024)**

These interventions aimed to **foster inclusion, dignity, and long-term empowerment** for persons with disabilities, equipping them with tools to overcome social and economic barriers.

## Valentine's Day Outreach – Karon Majiji Community (February 14, 2024)

### Background

Valentine's Day is universally recognized as a day of love, kindness, and giving. In alignment with this, Dicta Care Initiative visited Karon Majiji, a community predominantly composed of persons living with disabilities, to spread love and provide essential support.

### Objectives

- To engage with the community and understand their immediate needs.
- To provide food support for individuals facing hardship.
- To identify long-term solutions for improving access to education and social services.



### Activities Conducted

#### 1. Community Visit & Engagement:

- The team **interacted with 20 individuals**, listening to their concerns and challenges.
- Discussions focused on **education, accessibility, and daily struggles** faced by persons with disabilities.

#### 2. Distribution of Food Items:

- Essential food items were provided to support **nutritional needs and alleviate food insecurity** in the community.

#### 3. Stakeholder Meeting:

- The team met with **Esther Aku, Assistant Director of the Social Welfare Department**, who emphasized the need for:
  - **School infrastructure support**, including chairs, uniforms, and learning materials.
  - **Collaboration with local government** for sustainable interventions.

### Impact & Feedback

- **Gratitude from community members** for the support provided.
- **Recognition of urgent needs**, particularly in education and healthcare access.
- **Request for sustained partnerships** to ensure continued progress for persons with disabilities.



# Empowering Children with Disabilities – April 8, 2024

## Background

Education is a fundamental right, yet many children with disabilities face **barriers to accessing quality education** due to poverty, discrimination, and lack of resources. Dicta Care Initiative's outreach on **April 8, 2024**, focused on:

- **Enhancing literacy skills** for children with disabilities.
- **Promoting gender equality** and confidence-building.
- **Providing direct educational support** to an underserved child.

## Objectives

1. **Promote Gender Equality Awareness:** Encourage children to believe in their **potential, regardless of gender or disability.**
2. **Enhance Literacy Skills:** Teach children how to **pronounce, read, and write** to strengthen their education.
3. **Encourage Participation:** Conduct **interactive sessions** to boost confidence and learning.
4. **Provide Essential Support:** Distribute **branded t-shirts, food, and refreshments** to uplift the children.
5. **Educational Sponsorship:** Identify a child in need and **commit to their education.**



## Activities Conducted

1. **Gender Equality & Literacy Training:**
  - Children learned about self-worth, education, and overcoming social stigmas.
  - Reading and writing exercises helped improve their skills.
2. **Educational Sponsorship:**
  - The team identified Abubakar, a young boy whose father had passed away, leaving his ill mother to care for three children.
  - Dicta Care Initiative committed to sponsoring his school fees, ensuring he continued his education.
3. **Distribution of Branded T-Shirts & Food:**
  - 50 branded t-shirts with motivational messages were given to the children.
  - 60 packs of food and refreshments were shared to create a memorable experience.

## Impact & Feedback

- Empowered children with confidence and encouragement to pursue education.
- Immediate relief for Abubakar, who now has access to school without financial constraints.
- Increased demand for long-term support for children with disabilities.



# Community Clean-Up & Mobility Support – Karon Majiji for persons with disabilities (October 29, 2024)

## Background

Access to a clean and safe environment is crucial for public health, especially in communities with limited infrastructure. Dicta Care Initiative led a community clean-up campaign to improve hygiene and present a mobility aid to an individual in need.

## Objectives

- Promote environmental health through a clean-up exercise.
- Support persons with disabilities with essential mobility assistance.
- Encourage community participation in sanitation and hygiene efforts.



## Activities Conducted

1. Community Clean-Up Exercise:
  - Volunteers participated in waste collection and street cleaning.
  - Community members were educated on sanitation and hygiene maintenance.
2. Presentation of a Wheelchair to Mai'kudi Inusa:
  - A new wheelchair was given to Mai'kudi Inusa, a strong and resilient community member.
  - The wheelchair improved his mobility and independence, allowing for greater participation in daily activities.
3. Photography & Documentation:
  - The event was professionally documented for awareness and impact reporting.



## Impact & Feedback

- Improved sanitation conditions, creating a healthier living environment.
- Enhanced mobility for Mai'kudi Inusa, boosting his quality of life.
- Community engagement strengthened, encouraging local participation in hygiene initiatives.



# International Chess Day Outreach – IDP Camp, Durumi (July 20, 2024)

## Background

In commemoration of International Chess Day, Dicta Care Initiative introduced chess education and mental health awareness to 100 children at the IDP camp in Durumi, Abuja. The initiative, themed "From Pawns to Kings," aimed to equip children with critical thinking skills, coping mechanisms, and a sense of accomplishment.

## Key Activities

### 1. Mental Health Awareness Session:

- Educated children about stress management, trauma recovery, and emotional well-being.

### 2. Chess Training & Competition:

- Taught children chess strategies to enhance problem-solving skills.
- Hosted a chess tournament, awarding prizes to winners.

### 3. Provision of Educational Support:

- Distributed school bags, notebooks, and educational materials.

### 4. Medical Support Contribution:

- Provided financial aid to purchase hand gloves for the IDP clinic.

### 5. Food & Refreshment Distribution:

- Provided meals and drinks for 100 children and the women leaders at the camp.



## Impact & Feedback

- Children gained confidence and new skills through chess education.
- Mental health awareness helped children understand emotional resilience.
- Increased demand for long-term chess training as part of educational interventions.



# Challenges Faced

## General Challenges

1. Limited Resources:
  - Increased demand for food, educational materials, and medical aid exceeded available funding.
2. Logistical Constraints:
  - High transportation costs affected outreach scalability.
3. Language Barriers:
  - Some community members had communication challenges, requiring interpreters.
4. Short Duration for Training & Counseling:
  - Limited time made it difficult to provide in-depth support to all participants.

## Project-Specific Challenges

- Valentine's Day Outreach:
  - Higher transportation costs reduced available resources for food distribution.
- Chess Education at IDP Camp:
  - More children wanted to participate, highlighting the need for expanded funding.
- Community Clean-Up:
  - Limited waste disposal equipment made sanitation efforts challenging.

## Lessons Learned

### Key Takeaways from the Outreach Programs

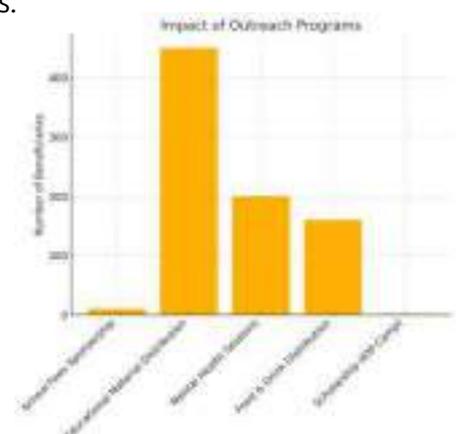
1. Long-Term Support is Crucial:
  - Many children with disabilities require continued educational sponsorships and mentorship.
2. Community Participation Strengthens Impact:
  - Active involvement of community leaders improves outreach success.
3. Holistic Approaches Maximize Impact:
  - Combining education, health support, and social inclusion fosters greater sustainability.
4. Strategic Partnerships Are Necessary:
  - Collaboration with local government and organizations can help scale outreach programs.
5. Mental Health Awareness is Essential:
  - IDP children and persons with disabilities need psychological support alongside material aid.

## Conclusion

Dicta Care Initiative remains dedicated to empowering persons with disabilities, IDPs, and vulnerable communities through education, social inclusion, and mental health advocacy.

Through these four major outreach programs, the initiative has:

- Provided educational support, including sponsoring a child's education and distributing learning materials.
- Promoted mental health awareness, fostering emotional resilience.
- Enhanced mobility and sanitation through clean-up efforts and wheelchair donations.
- Inspired children through chess education, teaching them strategy and patience.
- Provided food and drinks to ensure holistic support for all beneficiaries.



# INTERNATIONAL WOMEN'S DAY CELEBRATION

## Junior Secondary School, Alungu-Lungu – March 8, 2024

### Background

International Women's Day (IWD) is a globally recognized event that celebrates the achievements of women and advocates for gender equality. On March 8, 2024, Dicta Care Initiative commemorated this important occasion by organizing an impactful event at Junior Secondary School, Alungu-Lungu. The celebration aimed to inspire young girls, encourage leadership, and recognize the efforts of female educators in shaping future generations.

This year's theme, **"Invest in Women: Accelerate Progress,"** highlighted the importance of empowering women and girls through education, leadership opportunities, and societal support.



### Objectives

- To educate and inspire young women on gender equality and women's empowerment.
- To honor and appreciate female educators for their contributions to education.
- To promote a culture of support and recognition for women in different spheres of life.



### Key Activities:

- Motivational Speech by Barrister Gladys Agnes, emphasizing education, empowerment, and leadership for women.
- Recognition of Female Educators – 13 teachers were honored with branded mugs for their contributions.
- Refreshments – Food and drinks were shared with attendees.
- Photo & Video Coverage – A professional cameraman documented the event.

### Challenges:

- High transportation costs.
- Limited resources for outreach.
- Short event duration, with requests for more engagement in the future.

### Lessons Learned:

- Future events should include mentorship programs and panel discussions.
- Increased budgeting is needed to expand impact.
- Follow-up programs should be established to ensure long-term support for girls' empowerment.

### Conclusion:

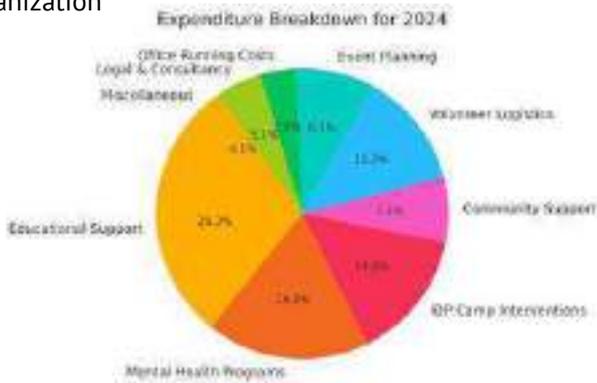
The event successfully empowered young girls and celebrated female educators, reinforcing the need for continuous investment in women's education and leadership. Dicta Care Initiative remains committed to gender equality and long-term empowerment initiatives.

**Key Insights from Expenditure Analysis:**

- 1.High Investment in Program Execution – Over 65% of total expenditure was allocated to direct project implementation, demonstrating the organization’s commitment to its mission.
- 2.Education as a Core Focus – The highest single expenditure was on education, reinforcing Dicta Care Initiative’s objective of promoting quality education for underprivileged students.
- 3.Mental Health Prioritization – A significant portion of funds was directed towards mental health awareness campaigns, outreach to IDP camps, and counseling services.
- 4.Operational Efficiency – Administrative and operational costs were strategically managed to ensure that the majority of funds were utilized for impact-driven programs.

**3. Net Financial Position**

At the end of the financial year, Dicta Care Initiative recorded a surplus of ₦1,190,894, strengthening the financial sustainability of the organization



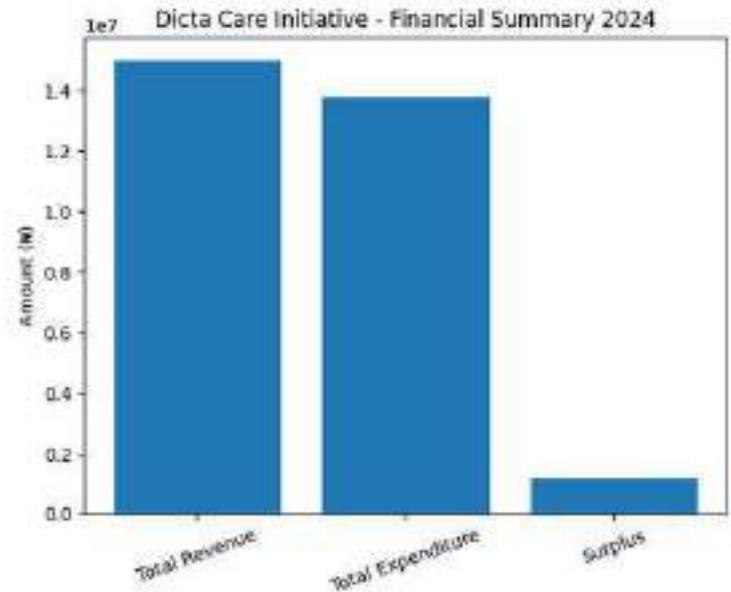
Financial Position Summary	Amount (₦)
Total Revenue	15,000,450
Total Expenditure	(13,809,556)
Surplus for the Year	1,190,894
Opening Fund Balance	1,000,000
Closing Fund Balance	2,190,894

**This positive financial outcome ensures that the organization remains solvent and capable of continuing its impactful work. The closing fund balance will be reinvested into future projects and program expansions in the upcoming year.**

**4. Future Financial Strategies and Sustainability Plan**

To maintain financial sustainability and expand its reach, Dicta Care Initiative has outlined the following strategies for 2025:

- Diversification of Funding Sources: Actively pursuing more grant opportunities, donor partnerships, and corporate sponsorships to increase revenue streams.
- Efficient Cost Management: Enhancing budget efficiency to ensure maximum impact while minimizing operational overheads.
- Investment in Scalable Programs: Expanding key initiatives such as mental health outreach, school sponsorship, and support for IDP communities to create long-term, measurable impact.
- Strategic Partnerships: Strengthening collaborations with governmental and non-governmental organizations to secure additional funding and technical support.
- Community-Driven Fundraising: Encouraging local and international stakeholders to contribute through donation drives, social media campaigns, and sponsorship programs.



**5. Conclusion**

The financial report for 2024 reflects a year of growth, impactful service delivery, and financial responsibility. Dicta Care Initiative successfully executed multiple outreach programs, ensured fiscal discipline, and maintained a surplus to support future projects.

Moving forward, the organization remains committed to financial transparency, expanding its programs, and attracting sustainable funding to empower more communities across Nigeria and beyond.

This financial summary serves as a testament to the dedication of Dicta Care Initiative towards spreading love through giving, fostering education, mental health awareness, and supporting marginalized communities.

**Prepared by: Thelma Ifenyi**  
**Finance & Accounts Team**  
**Dicta Care Initiative**  
**Date: 31st December 2024**

**AUDITORS' REPORT TO THE MEMBERS OF THE  
BOARD OF DIRECTORS OF DICTA CARE INITIATIVE**

We have examined the annexed financial statements for the year ended 31<sup>st</sup> December, 2024 which have been prepared under the Historical Cost Convention and the basis of the accounting policies set out in the accounts.

**RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND AUDITORS**

The company, that is, DICTA CARE INITIATIVE is responsible for the preparation of the financial statements. It is our responsibility as External Auditors to form an Independent Opinion, based on our audit, on those Statements and to report our opinion to you.

**BASIS OF OPINION**

We conducted our audit in accordance with Generally Accepted Auditing Standards. An audit includes the examination, on a test basis of evidence relevant to the amounts and disclosures in the Financial Statements. It also includes an assessment of the significant estimates and judgments made by the directors in the preparation of the Financial Statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanation which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the Financial Statements are free of material mis-statements.

In forming our opinion we also evaluate the overall adequacy of the presentation of information in the Financial Statements. The Financial Statements are in agreement with the Books of Accounts, which have been properly kept, and we have obtained the information and explanations we required.

**OPINION**

In our opinion, the Financial Statements give a true and fair view of the state of the Company's Affairs as at 31<sup>st</sup> December, 2024 and of the profit for the period ended on that date.

ABUJA, NIGERIA

*A.E. Bashsedeen & Co*  
CERTIFIED NATIONAL ACCOUNTANTS



# Stakeholder Engagement

## STAKEHOLDER ENGAGEMENT FOR THE NIGERIA NOT-FOR-PROFIT GOVERNANCE CODE (NNFPGO)

On 5th September 2024, the Chief Operating Officer of Dicta Care Initiative, Chubby David Ugbah, attended a high-level Stakeholder Engagement on the Draft Nigeria Not-for-Profit Governance Code (NNFPGC) at the Financial Reporting Council of Nigeria. The hybrid event, held at Lagos Continental Hotel, Victoria Island, Lagos, brought together key players from the not-for-profit sector, including charities, educational institutions, religious groups, and professional organizations.



The session, led by Executive Director Oyebisi Babatunde Cluseyi, focused on refining governance standards to enhance accountability, transparency, and operational efficiency within Nigeria's non-profit space. Discussions covered regulatory compliance, best practices in financial reporting, and the need for sustainable governance structures to strengthen the sector.

Chubby David Ugbah actively participated in deliberations, reinforcing Dicta Care Initiative's commitment to ethical leadership, donor accountability, and impact-driven operations. The engagement provided valuable insights into upcoming regulatory expectations and opportunities for collaboration among stakeholders.

This event marks a significant step in shaping policies that will ensure long-term sustainability and credibility for NGOs operating in Nigeria. Dicta Care Initiative remains committed to aligning with best governance practices to drive meaningful change in the sector.

## Report on the 2024 Annual LAPO Development Forum

On October 24, 2024, the Chief Operating Officer of Dicta Care Initiative, Chubby David Ugbah, attended the Annual LAPO Development Forum at Abuja Continental Hotel, FCT, Abuja. Organized by the Lift Above Poverty Organization (LAPO), the forum brought together key stakeholders, including government agencies, health and financial institutions, civil society organizations, academia, and traditional and religious institutions, to discuss pressing poverty and development challenges in Nigeria.



Themed "Paradox of Poverty in a Wealthy Nation: Policy Issues & Perspectives," the event featured distinguished speakers, including:

- Chairman of the Occasion: Chief John Odigie-Oyegun, CON (Former Executive Governor of Edo State)
- Keynote Speaker: McAndrew Mamedu (Country Director, ActionAid Nigeria)
- Special Guest of Honour: Representative from the Federal Ministry of Agriculture & Food Security
- Host: Dr. Godwin Ehigiamusoe, FCIB (Founder/CEO, LAPO Group)

The discussions explored the multi-dimensional nature of poverty in Nigeria, emphasizing the need for actionable strategies and policy interventions to promote inclusive development and economic sustainability. The event also highlighted the importance of collaborations among stakeholders to drive effective poverty alleviation initiatives.

As a representative of Dicta Care Initiative, Chubby David Ugbah actively engaged in conversations on policy-driven solutions, reinforcing the organization's commitment to empowering communities and shaping a sustainable future.

This forum, marking the International Day for the Eradication of Poverty, served as a vital platform for sharing insights, strengthening partnerships, and driving impactful development initiatives in Nigeria.



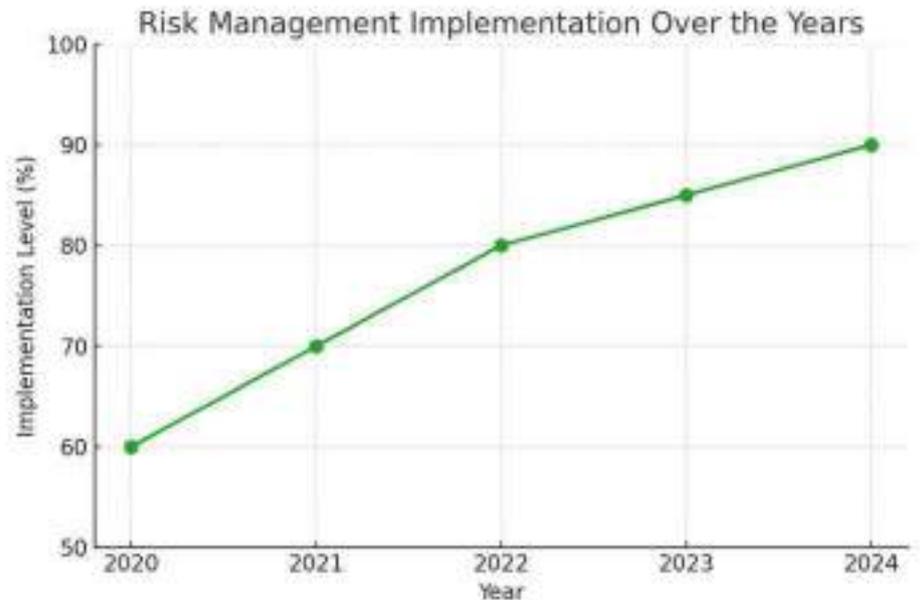
# Risk Management and Compliance

At Dicta Care Initiative, we recognize that effective risk management and strict regulatory compliance are essential to sustaining our mission and maximizing our impact. Our approach is proactive, ensuring that we identify, assess, and mitigate potential risks while upholding the highest standards of governance and accountability.

## Risk Management Processes

We have established a comprehensive risk management framework that enables us to anticipate and address challenges that may arise in our operations. Our risk management strategy includes:

- Regular risk assessments to identify financial, operational, and reputational risks.
- Crisis response planning to ensure swift and effective action during emergencies.
- Internal control measures to prevent fraud, financial mismanagement, and operational inefficiencies.



By implementing these safeguards, we enhance our resilience and ensure that our programs remain impactful and sustainable.

## Regulatory Compliance

As an organization committed to ethical practices, we strictly adhere to local, national, and international regulations governing non-profit operations. This includes:

- Legal and financial compliance with Nigerian corporate governance laws and global best practices.
- Transparency in financial reporting, ensuring that donor funds are responsibly managed.
- Adherence to international human rights and labor laws, particularly regarding child protection, gender equality, and workplace safety.

Our compliance team continuously monitors policy updates to ensure that we meet all legal obligations and maintain the trust of our stakeholders.

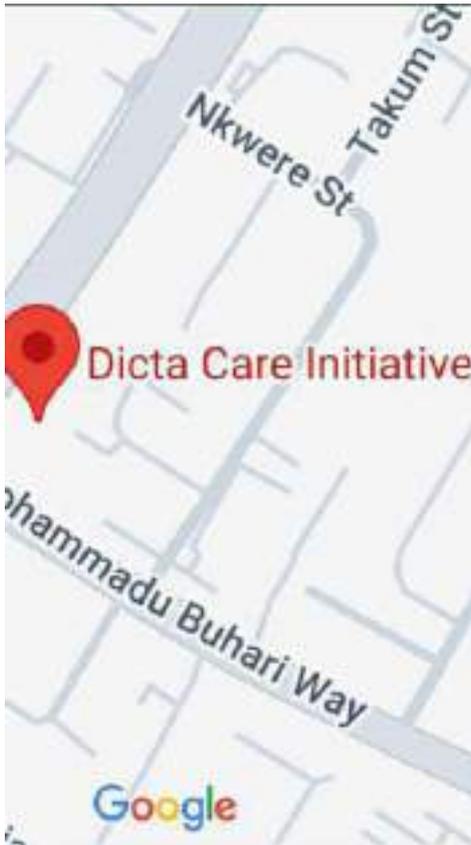
## Safeguarding Measures

We take safeguarding seriously, particularly when working with vulnerable groups such as women, children, and persons with disabilities. Our safeguarding policies include:

- Strict child protection guidelines to prevent exploitation, abuse, and neglect.
- Mandatory staff and volunteer training on ethical conduct, anti-harassment, and responsible engagement with beneficiaries.
- Confidential reporting channels for anyone to raise concerns about misconduct without fear of retaliation.

By embedding these safeguards into our operations, Dicta Care Initiative remains committed to creating a safe, transparent, and accountable environment for all.





# Contact Us



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# Thank You

